

## **TRADED SERVICE FOR CHILDREN WITH SENSORY DIFFICULTIES**

**In Warwickshire we have a traded specialist service for children with sensory difficulties. This service is provided by Paediatric health therapists who have undertaken specialist accredited, post graduate training provided by the Sensory Integration Network up to Level 4.**

**Children may be experiencing some of the following difficulties at home or in school:**

- Difficulties sitting still
- Poor hand eye coordination
- Impulsiveness with short attention span
- Difficulties tolerating loud, busy environments
- Difficulties getting to sleep
- Problems with Social integration and developing/maintaining relationships
- Significant resistance to the unfamiliar and making transitions from one situation to another
- Motor coordination difficulties
- Difficulty accessing the curriculum

**It is likely that many of these children have underlying sensory difficulties.**

### **What is Sensory Integration (SI)?**

Sensory Integration is the ability to respond appropriately to sensory information in our environment and is a neurological process that occurs within all of us. When the SI system is not functioning effectively the impact on learning, behaviour and social skills can be far reaching.

Most commonly a high proportion of children with Autism Spectrum Disorders, Learning Disabilities and Attention Deficit Hyperactivity Disorder will have sensory difficulties, alongside other children who do not have a formal diagnosis.

### **How to make a referral**

Referral forms can be found on our website <http://cyp.swft.nhs.uk> Select the Occupational Therapy tab, then select 'children with sensory processing difficulties' from menu. Referral form can be printed from here and should be returned to:-

Lisa Outram, Departmental Secretary, Children Young people and Families Occupational Therapy Team South Warwickshire NHS Foundation Trust, Integrated Disability Team, Lancaster House, Exhall Grange Campus, Easter Way, Coventry, CV7 9HP.

For an informal discussion please call on 02476 368800 and ask to speak to the Occupational Therapy Department.

## What can this service offer?

### Assessment – Completed by specialist qualified Therapist

- Specialist Assessment of a child's sensory needs, together with a report and a follow up school visit to discuss recommendations.
  - Assessment would include sensory modulation and sensory motor difficulties
- Sensory Integration and Praxis Test (SIPT)
- Specialist Assessment for Contribution to Education, Health and Social Care Plans (EHCP).

### Review

- Specialist Sensory Reassessment / Review package

### Intervention

- Individual or block package treatment sessions following assessment and/or as part as EHCP recommendations.
- Sensory Strategies (Diet) for home and school.
- Sensory Motor Programme package

### Training

- Training packages to develop expertise in nursery, primary and secondary school settings to support staff in working with children with sensory processing difficulties.
- Parent Training - Workshop delivered jointly with Autism Team, IDS

## **Specialist Assessment of a Child with Sensory Difficulties**

**This includes the completion of an appropriate standardised sensory assessment at home/school, clinical observations by therapists trained at post graduate level in sensory integration, completion of a report with individualised recommendations and follow up discussion of recommendations.**

### **This will provide information on the child's:**

- Underlying sensory processing difficulties (sensory modulation and sensory motor) and how these are impacting on participation in daily activities.
- Sensory responses within the classroom and home environment and its impact on the child's performance.
- Recommendations/advice for meeting child's sensory needs in the classroom and at home.
- Follow up discussion regarding recommendations and intervention options.

Estimated time in school: 2- 3 hours with additional time for writing report and follow up meeting/discussion.

**Cost** of assessment includes the provision of a report= **£425 per child**

- Further assessment of motor free visual perception, somatosensory, praxis and sensory motor abilities using the Sensory Integration Praxis Test (SIPT) may be recommended at an additional cost.

**Sensory Integration Praxis Test (SIPT)**  
**Administered by Specialist therapist with Post Graduate Certificate**  
**of Sensory Integration (Level 2-3 )**

The SIPT is specialist assessment that only trained sensory integration therapists can administer. Your OT will be able to advise on whether it is a suitable assessment to use depending on the specific needs of the child.

It is considered to be the 'gold standard' assessment for sensory processing, with proven reliability and validity, that provides a profile of sensory processing abilities and dysfunction. It is designed to be used with children between 4 years of age through to 8 years 11 months of age (although in some instances it is appropriate to administer the assessment out of this age range). There are 17 tests which are designed to assess several different sensory processing abilities to help understand why some children have difficulty learning or behaving in a way that is expected. The main areas of assessment are motor free visual perception, motor planning, balance and coordination, registration and modulation of senses and sensorimotor abilities. The in-depth test results require extensive analysis and interpretation, and will provide a very detailed insight into a child's difficulties and inform treatment

Clinic or school based assessment (North and South County locations available) . Please note, in order to be able to complete this assessment the child needs to be able to demonstrate an ability to participate in adult directed activities, follow verbal instructions and demonstrate reasonable concentration and attention.

**Cost of assessment** includes the provision of a report = **£600 per child.**

If the SIPT is a recommendation following a Specialist Assessment and only sub tests required, this will be charged at the hourly rate of **£75.**

## **Specialist Sensory Programme/Intervention Package**

**NB: In order to provide this intervention, a specialist assessment will need to have been undertaken initially**

### **This could include:**

- Setting individual goals for intervention, outcomes for EHCP and school targets
- Provision of sensory diet (sensory strategies) and informal training to school staff/parents who will be involved in its implementation.
- Provision and implementation of sensory motor programme and informal training to school staff/parents who will be involved in its implementation.
- Advice on sensory resources and specialist equipment
- Monitoring and review of the programme

**Cost of above programme/monitoring £75 per hour**

**Therapists will advise on appropriate amount of sessions required**

## TRAINING

### **Course Title: Introduction to Sensory Processing - Making Sense of it all!**

This course introduces the theory and practical approaches that can be used within the classroom to begin to make 'sense' of children's sensory needs. This course is recommended as the **foundation training** for any member of staff wanting to develop skills in sensory difficulties in children, and should be undertaken before the other 2 courses on offer.



**For:** Teachers, Teaching Assistants, Early Years Practitioners, Children's Centre Staff, and parents.

#### **Options:**

This course can be purchased as an 'in service' training course for settings. (Size of groups: Up to 12 or up to 20) Can be delivered at times most convenient including Twilight sessions.

OR

Individual places will be available at an external venue.

**Duration:** 3 hours

## **The course will:**

- Provide an overview of our senses – including the 2 ‘hidden’ senses, proprioception and vestibular.
- Demonstrate how Sensory Integration is the foundation for behaviour and learning.
- Explain the difference between a sensory modulation disorder and a sensory based motor disorder.
- Equip staff to identify signs of sensory processing and sensory motor difficulties and how it may impact on play, self care and school skills.
- Introduce the concept of a sensory diet and practical strategies to trial in the classroom with a child showing signs of sensory processing difficulties.
- Raise awareness of products/resources that can be used to meet a child’s sensory needs in the classroom.

## **Cost:**

**In service - £300** for a 3 hour course for up **12** participants

**£395** for a 3 hour course for up to **20** participants

*\* Please ask for quote for more than 20 participants.*

*NB If you require us to provide a training venue this will incur an extra charge*

**Individual Places - £50 per participant**– This course will be run across the county, for dates and venues please contact Lisa Outram on 02476 368800 or CYPF website.

## Course Title: Sensory Processing Difficulties in Preschool Children



**For:** Early Years Practitioners, Children's Centre staff, parents.

**Duration:** 2 hours

**Size of groups:** Up to 12 or 20

**Location:** In house

This course is recommended for any member of staff wanting to develop skills in Sensory Difficulties in Preschool Children, and should be undertaken after the introductory course.

There are issues specific to Preschool Children with Sensory difficulties. If appropriate intervention is offered in the early years, this can prevent many later problems, and optimise a child's ability to participate and learn.

### **This course aims to:**

- Demonstrate how sensory input affects an infant/toddler's state and how to avoid sensory overload.

- Explore 'normal' crying, fussing, colic and regulatory disorders.
- Discuss the impact of sensory integration on feeding, sleeping, enhancing development and toilet training.
- Introduce the concept of a sensory diet based upon Timing, Environment, Activities and Toys (TEAT framework).
- Raise awareness of products/resources that can be used within the nursery environment to meet an infant/toddler's sensory needs.

**Cost: £200** for a 2 hour course for up **12** participants

**£295** for a 2 hour course for up **20** participants

**NB If you require us to provide a training venue this will incur an extra charge**

## Course Title: Encouraging our children to come out of their shell



**Sensory Defensiveness:** Do you have children in your class/setting who show avoidance, fear, anxiety, sensory seeking or aggressive behaviours that disrupt their performance in everyday school activities? This course will help you to understand Sensory Defensiveness and what it means for those children.

**For:** Teachers, Teaching Assistants, Early Years Practitioners, Children's Centre Staff, and parents.

**Duration:** 2 hours

**Size of groups:** Up to 12 or 20

**Location:** In house

### **The course will:**

- Provide an overview of Sensory Defensiveness and how it disrupts participation in a range of daily activities within school/setting.

- Equip staff with knowledge on how to recognise a child who may have Sensory Defensiveness and require a specialist assessment.
- Provide practical strategies to trial with a child showing signs of Sensory Defensiveness in the classroom/setting.
- Raise awareness of products that can be used to meet a child's sensory needs in the classroom relating to Sensory Defensiveness.

**Cost: £200** for a 2 hour course for up **12** participants

**£295** for a 2 hour course for up **20** participants

**NB If you require us to provide a training venue this will incur an extra charge**

## BOOKING FORM / EXPRESSION of INTEREST TRAINING

Name of budget holder/administrator:

School/cluster/:

Delegate Name for Individual Place:

Please indicate the Training you are interested in:

Name of Training	Cost	Individual Places?	No. of trainees	Preferred date
Introduction to Sensory Processing	£300 or £395	£50		
Sensory Processing Difficulties in Preschool Children	£200 or £295	£45		
Sensory Defensiveness	£200 or £295	£45		

Do you have other training needs related to Sensory Difficulties, fine motor skills, handwriting or activities of daily living? If yes, please specify:

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Signed:

Date:

Print Name:

Telephone/email:

Please photocopy/print and return to: Lisa Outram, Occupational Therapy, Lancaster House, Exhall Grange Campus, Easter Way, Coventry, CV7 9HP

Tel: 02476 368 800

Email: [lisa.outram@swft.nhs.uk](mailto:lisa.outram@swft.nhs.uk)

## **REGULAR OCCUPATIONAL THERAPY (OT) SESSION FOR YOUR SCHOOL**

Some schools have indicated that they would be interested in purchasing OT on a regular sessional (half day – 3 hours) basis for their school. This session could be utilised to address sensory processing issues, within school. The session would include administration, and indirect client related activities such as completion of records, and writing of reports. As this would represent a regular commitment for a minimum of 1 year, the pricing would be different from the ad hoc pricing for the sensory service. The session would include administration, and indirect client related activities such as completion of records, and writing of reports.

The areas of assessment/intervention/training that could be offered include:

- Assessment of Sensory Processing
- Treatment Plans – Sensory Motor & Sensory Modulation
- IEP's / Targets
- Trialling and recommendation of equipment
- Staff training on Sensory Processing and Sensory Friendly classrooms

## EXPRESSION OF INTEREST FOR REGULAR SENSORY OT SESSIONS IN SCHOOL

Name of School

Administrator/ person to be invoiced

Invoice address

Email:

Telephone number:

PACKAGE	COST	Please specify weekly, fortnightly or monthly for a 12 week contract
Regular sessions over a 12 month period	£180 per half day (3 hour session)	
Ad hoc qualified OT input	£75 per hour	
Ad hoc OTA input	£40 per hour	

Please complete and send to Lisa Outram, Departmental Secretary, Children Young people and Families Occupational Therapy Team South Warwickshire NHS Foundation Trust, Integrated Disability Team, Lancaster House, Exhall Grange Campus, Easter Way, Coventry, CV7 9HP or email

[Lisa.Outram@swft.nhs.uk](mailto:Lisa.Outram@swft.nhs.uk)

