

### Equality Statement

At South Warwickshire NHS Foundation Trust we are fully committed to equality and diversity, both as an employer and as a service provider. We have a policy statement in our Equality Strategy that clearly outlines our commitment to equality for patients and staff:

#### Patients

- You and your family have the right to be treated fairly and be routinely involved in decisions about your treatment and care. You can expect to be treated with dignity and respect. You will not be discriminated against on any grounds including age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex or sexual orientation.
- You have a responsibility to treat other patients and our staff with dignity and respect

### Further information

If you require any further information after reading this leaflet, please contact:

Occupational Therapy Service  
Warwick Hospital  
Lakin Road  
Warwick  
CV34 5BW  
Tel: 01926 600818 option 5  
<https://www.swft.nhs.uk/>

#### References:

1. British Society for Surgery of the Hand. 2008: [www.bssh.ac.uk](http://www.bssh.ac.uk)

**Author:** Advanced Occupational Therapist.

Version No: 3  
Publication Date:  
Review date: February 2023



## South Warwickshire NHS Foundation Trust

### Occupational Therapy

### *Hand & Upper Limb Service*

SWH - 00274

**You have been referred to the Hand & Upper Limb Service. This leaflet explains who we are and what to expect from our service.**

## What is hand therapy?

*“Hand therapy is the non-surgical management of hand disorders and injuries using practical methods such as exercise, splinting and wound care. Hand therapists also treat upper limb disorders that affect hand function”. (1)*

All of our hand therapy team members are qualified Occupational Therapists. The senior therapists in our team are all members of the *British Association of Hand Therapists* ([www.hand-therapy.co.uk](http://www.hand-therapy.co.uk))

Referral to the team is via consultants, G.P's and physiotherapists. We treat anyone who has hand dysfunction as a result of trauma, surgery or an acquired hand condition.

## What do we do?

Within the setting of the therapies department a thorough assessment of your hand will be carried out to identify where you are having difficulty.

An individual treatment plan will be agreed with you and may include some of the following:

- Education regarding your condition
- Exercise programmes
- Scar management
- Provision of a splint
- Wound care
- Oedema (swelling) management

If you are experiencing difficulties with activities at home or work your therapist can also discuss this with you and advise you on alternative techniques or aids to help you.

## Where are we based?

The hand and upper limb team is based in the therapies department at Warwick Hospital. We also provide a clinic at Stratford Hospital.

**Your Occupational Therapist is:**

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**Tel: 01926 600818 option 5  
Monday –Friday 8.00am – 4.00pm**

## Your feedback is important to us

In order to maintain and improve our service, we would appreciate any comments you may have about the treatment you received from the team.

At the end of your treatment please take a few minutes to complete this comments form and return it to:

**Hand Therapy  
Occupational Therapy Department  
Warwick Hospital  
Lakin Rd  
Warwick  
CV34 5BW**

If you wish, you may send your comments without including your name and address.

If you do complete your name and address, this will enable us to acknowledge receipt and inform you of any action taken as a result of your comments. In no way will your returning this form affect your future health care provision.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Tel no: \_\_\_\_\_

Please indicate whether this is a:

Suggestion

Compliment

Complaint

Comments:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

(Please continue on separate sheet if necessary)