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ISSUE 35
Summer 2016

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I can see the arrival of summer outside my office window, we are at that point in the year where we are both looking back and looking forward. The passing of another financial year means the production of annual accounts and our annual report. Whereas the start of a new financial year means a new operational plan, new budgets and efficiency targets and in our case an opportunity to take more of a forward look through the publication of an updated Trust Strategy. I won’t spoil my introduction to the Annual Report by looking back, suffice to say that SWFT now stands out even more as one of the best provider organisations in the NHS. But a forward look at our Strategy however is really quite exciting. The detail is in the centre spread of this magazine and it paints a picture of a future where we are much more focussed on health and wellbeing, rather than just treating illness. To do this we will need even stronger partnerships with local GPs, Social Care and many other providers. Last week I was reminded of how much change there has been in the NHS over the past few decades when we held our Annual Long Service recognition event. We celebrated staff who had 20, 25, 30 and 40 years of service, many of whom had spent their entire careers working locally for SWFT or its predecessor organisations. When you talk to those people about what the local NHS was like when they arrived you realise just how far we have come and start to wonder what it will be like 40 years from now. We have lots to look forward to such as the implementation of new technology, developments like Stratford Hospital and a Midwife-led Obstetrics Unit at Warwick but what will continue to dominate will be the abilities and efforts of the people that work here many of whom are celebrated in the pages of this latest edition of our Trust magazine. I hope that you enjoy the read.

Glen Burley

@nhsswft

Very happy with my appointment today. All on time. Great staff.

Realise how lucky I am with great care received from Aylesford Unit @nhsswft. Voted best in country

Thankyou to all the nurses, doctors & staff on Farries Ward Warwick Hospital for looking after “Jack” for 6 weeks. What a team!

Dear Ellen Badger staff

I came to stay with you after breaking my hip. I needed a lot of help to get me walking again. Thank you to the lovely support workers and physiotherapists and the nurses too. Thank you to my Social Worker who arranged the Reablement Services.

The food was very nice; I don’t know who makes it, but thank you very much.

Dear Mr Burley,

I spent a morning in day surgery unit this week and was very impressed with the attention I received. All staff were very kind, considerate, helpful and cheerful. Nothing was too much trouble. It was well organised and spotlessly clean.

As a retired ward sister, district nurse and care home owner, with a very critical eye, I could fault nothing. A credit to all concerned.

NHS Choices

Exceptional care

My husband has twice been admitted to Warwick Hospital in the last 6 weeks and has been very well cared for particularly this last time when he was admitted to Hatton Ward. Without exception the staff on this ward, from the kind staff who made sure he was eating to the very capable sister who could not do enough for us. They ensured that he had everything he needed and they performed their duties with kindness and consideration. Thank you all.
For the seventh successive year we have been named as a ‘Top 40 Hospital’.

CHKS, a leading provider of healthcare intelligence has identified SWFT as one of the top performing Trust’s in the UK following analysis of publicly available data. Organisations are evaluated by looking at 22 indicators of clinical effectiveness, health outcomes, efficiency, patient experience and quality of care.

CHKS state that top hospitals perform better, a claim supported by statistics for a number of key indicators such as length of hospital stay and rates of mortality and emergency readmission to hospital.

Chief Executive Glen Burley said: “We’re very pleased to be identified as a “Top 40 hospital”. In determining the best performing trusts CHKS use a wide range of data and this shows the result of all the hard work carried out by our staff to deliver safe, effective, compassionate care.

“I feel it is important to note that in addition to the Trust’s acute hospitals, our successful integration with community services is crucial to our performance. This whole system approach relies on our close working relationship with local GPs and health and social care partner organisations. Improving the health and well-being of the local community is very much a team effort.”

MATERNITY TEAM MARK INTERNATIONAL DAY OF THE MIDWIFE

On 5 May we held an event to recognise the work of our midwives for ‘International Day of the Midwife’.

Director of Nursing Helen Lancaster joined members of our Maternity team who had created an information stand that focussed on the vital role midwives play and also celebrated their achievements over the past year. The team sold cakes and held a raffle to raise money for a bed chair. This will enable partners, like expectant father David, pictured, to rest on whilst staying overnight on Swan Ward.
Introducing you to your GOVERNORS

**WARWICK DISTRICT & BORDERS**

Robert Ashby
Richard Grimes
Gillian Waterhouse
Jean Arrowsmith

**WARWICK & LEAMINGTON TOWNS**

Ruth Cowan
Penny Smith
Norman Byrne
Matthew Statham

**APPOINTED GOVERNORS**

Lara McCarthy
Cllr Les Cabron
Cllr Felicity Bunker
Cllr Clive Rickhards

Anna Hargrave
Dr Adrian Parsons
Cllr Susan Adams

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On Monday 16 May we held our annual Long Service event. The event is organised by the Trust’s Recognition Group to pay tribute to staff who have dedicated a large part of their careers to the NHS.

Chief Executive Glen Burley presented staff members with a certificate to mark 20, 25, 30 and 40 year milestones. Before cutting a celebratory cake with our longest serving member of staff, Glen also gave a speech thanking staff for their contribution to the Trust and other NHS organisations where they may have worked before joining us. As is now tradition at our Long Service event, Glen took attendees on a trip down memory lane by recounting some iconic highlights, and in some cases lowlights, from film, fashion, music, sport and politics.

Our Aylesford Unit Nursing Team were awarded the Cancer Nursing Award at the RCNi Nurse Awards 2016. The national award is for nurses who care for and treat patients with cancer. The team were recognised for the comprehensive acute oncology and chemotherapy service that they have developed at Warwick Hospital.

Nurse consultant Carole Connor, who leads the team, said: “The nursing team and I were so pleased to receive the RCNi Cancer Nursing Award. This award recognises innovation and excellence in nursing so there were some extremely good nurses in all categories.

“We never forget that our patients and their carers are at the heart of what we do. As a team we are whole heartedly committed to delivering the best possible care to these patients and carers. Achieving this would not have been possible without the continued support from our medical staff and other health professionals who make an essential contribution to our services.

Building on their success, the Trust has commissioned the team to open another unit which will be housed within the £22m Stratford Hospital which is currently being developed and is due for completion in spring 2017.
Together with others we will use all of our expertise and resources to support and improve the wellbeing of our communities. Our strategy will focus on health not illness and be delivered through our engaged and passionate workforce. To deliver this we will ensure we are financially resilient and well led. Moving forward over the next few years technology will be important in everything we do so we will encourage our workforce to maximise the opportunities available.
**Public and Patient Engagement**

We will work with and listen to our patients and our communities every single step of the way. Our communities will shape the delivery of our services and this strategy is based on their views.

- Improve engagement opportunities – focus on self-care principles, dementia care and reduction in falls
- Redesign our services to support more care outside of hospitals
- Make wellbeing and health at the core of everything we do
- Develop our commercial capabilities to maximise non-NHS opportunities
- Embed Service Line Reporting and Information Management
- Agree a 5 year local health economy Sustainability and Transformation Plan

**Sustainability**

We are already one of the most financially stable Trusts in the NHS and we must maintain this if we are to make changes. All of our services will be cost effective; we will look to generate revenue from other non-NHS sources. However we recognise that the whole of our local health and care economy must be financially stable in order for us to succeed. We believe that better outcomes for our local communities can be delivered through more cost effective innovative services.

- Open Stratford Hospital and plan next phase
- Develop maternity services – midwifery led unit
- Encourage the application of technology
- Create a new model of care with primary care partners
- Integrate reablement and community Emergency Response Team
- With partners improve the quality of care pathways

**Service Development**

We will develop complementary services that may be non-medical, that help to keep our local communities well and out of hospital.

Every new service delivered by the Trust will: improve health and wellbeing, reduce the cost of delivery, be delivered in a variety of settings (not just in hospital), and involve working with partners.

- Improve the health and wellbeing of our workforce
- Strengthen our leadership capability (e.g. buddy arrangements with other Trusts)
- Adopt and embed lean processes

**Partnerships**

We absolutely know the Trust cannot achieve this vision on its own. We will work willingly and tirelessly with our patients, service users, partners in health, social care, charities and volunteers to create care focused on an individual’s health and wellbeing.

**Workforce and Leadership**

Our staff are our organisation. The retention, happiness and wellbeing of our workforce is essential to our continued success. We want the Trust to continue to be the NHS employer of choice attracting the very best. We will develop every single member of our staff, as leaders, as professionals and as people.
Off duty staff member uses training to **SAVE LIFE**

A Trust member of staff has helped to save a life using skills taught as part of our induction training.

While off duty Community Support Worker Christopher O’Brien was travelling through Oxfordshire. To his surprise the car he was travelling behind left the road, careened down a verge and collided with a tree. After pulling over to help, Christopher found that the driver had suffered a cardiac arrest at the wheel. Reacting quickly he pulled the driver from the car, up the verge and started performing mouth-to-mouth respiration and chest compression known as Cardiopulmonary Resuscitation (CPR). CPR allows oxygenated blood to circulate to vital organs such as the brain and heart.

Christopher instructed his son to call 999 to request an ambulance which took around 15 minutes to reach the scene due to the location. Shortly after the ambulance arrived and paramedics took over the driver regained a heartbeat. He went on to make a full recovery and located Christopher through the local press so he could thank him.

Doctors have said that the driver’s life was saved by Christopher carrying out CPR for such a long time. This is something he had learned just weeks before during basic life support training, something all Trust members of staff receive.

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**Chief Constable’s Commendation awarded**

Sukhdip Kaur, who works as a member of the Trust’s Cardiology team, recently received a Chief Constable’s Commendation.

Sukhdip’s ‘compassion, care and public spiritedness was recognised by Warwickshire Police for her involvement in an incident that happened in September 2015.

Police Officers found a vulnerable member of the public on a railway bridge threatening suicide. Upon witnessing what was taking place Sukhdip offered her assistance to Police. She spoke with the member of the public in Punjabi which aided communication. After almost an hour of discussion, Sukhdip persuaded the person to get down from the bridge where Police were able to detain them. From here they were taken to Warwick Hospital for treatment and support.

Chief Constable Martin Jelley commented that Sukhdip’s engagement was “heartfelt and compassionate and without it the outcome could have been very different”
NURSES DON’T LET SHAKESPEARE’S BIRTHDAY CELEBRATIONS GET IN THE WAY OF PATIENT CARE

On Saturday 23 April 2016 people lined the streets of Stratford upon Avon to celebrate the legacy of William Shakespeare, 400 years after his death.

During the day there was a program of activities to mark the birthday of Britain’s most famous playwright, including the annual birthday parade through the town. To accommodate the parade lots of the roads were closed, which posed a challenge to Stratford’s District Nursing team.

Aware of the event and how busy the town would become with people travelling from all over to attend, the District Nurses started to work on a plan to ensure that long traffic jams and road closures wouldn’t impact on them getting to their patients and giving them the care they needed. The solution was to rely on a new mode of transport, bikes.

After looking at maps of the town and working out the best routes to each patient, the Nurses pumped up their tires, oiled their chains and set off on their bicycles for the day.

Jacqueline Hall, District Nurse said: “What went from being quite a stressful situation, turned in to a great success. Our patients received their care without any delays and we became more ‘fit for practice’. It was a really good opportunity for the team to show the general public how important exercise is in leading a healthy lifestyle, something we regularly promote to all our patients.”

Whilst the Nurses are a mobile team, their reliance on bicycles won’t become a permanent change due to challenges with carrying equipment and of course the English weather. However it was a great temporary solution that had patient care at the heart of it.
In May, our teams joined nurses around the world to celebrate International Nurses Day.

The contribution of our nursing staff was acknowledged with a range of activities including tea parties, bake offs and tombola’s. Nurses were also given relaxing hand massages by Beauty Therapy students from Warwickshire College.

To mark the centenary of the Royal College of Nursing (RCN) the theme of this year’s event was 100 Years of the RCN. Our Executive Directors visited wards on our hospital sites and community locations throughout Warwickshire to talk to nurses and find out how the profession has progressed over time.

Celebrations were not just confined to Trust sites as our staff joined our colleagues from across Coventry and Warwickshire to represent the Trust’s nurses with speeches on nursing at Coventry Cathedral.
On Tuesday 19 April we hosted an event to celebrate the achievements of our Food for Life project.

Over the last two years, we have worked in partnership with the Soil Association Food for Life, Amey, Public Health, Warwickshire County Council and food suppliers to promote and develop better food provision for our staff, patients and visitors. The celebration event brought together all those who have been involved, offering a chance to reflect on the accomplishments. On the day, staff shared their experiences with colleagues from partner organisations including representatives from Public Health, Warwickshire Council who commission the project, Public Health England and Warwick District Council.

Dr John Linnane, Public Health, Warwickshire County Council said:

“Public Health, Warwickshire County Council are proud to be partnered with South Warwickshire Foundation Trust in commissioning a Food and Drink Strategy to prevent ill health and to support staff, patients and visitors to improve their health and wellbeing. A lot of work has been delivered already and much more is planned for the future. Staff at the Trust and partners are working collaboratively to embed a whole healthy food culture across their organisation”.

The afternoon featured entertainment including an omelette challenge, a smoothie cycle and a sugar savvy game. In addition attendees had the opportunity to benefit from fresh air and exercise by following one of our two way-marked measured mile walks and planting seeds during Master Gardener guided tours of Warwick Hospital’s edible garden.

An important element of the Food for Life project is sustainability, so the celebration was a zero waste event. All resources un-used were recycled, reused or sent to an energy-from-waste facility. It was also a zero cost event for the Trust due to generous sponsorship from Amey, our catering provider, Appetito, Quorn, Burlodge and Bidvest.

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Our target is £1 million and we have hit the ¾ mark, raising £750k!

A generous donation of £15,000 recently received from the Macride cycle tour significantly helped towards the appeal. All money raised is supporting the build of the new hospital in Stratford which will house a cancer unit and help make cancer services more accessible for patients in South Warwickshire. The fundraising money will be used to make enhancements, which will make treatment more comfortable for patients. As part of the new unit there will be a Macmillan Cancer Support information centre, similar to the one at the Aylesford Unit at Warwick Hospital. Building work for the hospital is well underway and will be patient ready in spring 2017.

Supporter’s Spotlight

Jasper’s Rainbow – raising funds for our Maternity Unit and Special Care Baby Unit

Holly Hawkesford has worked as a midwife at Warwick Hospital for thirteen years. Alongside husband Jon, Holly created ‘Jasper’s Rainbow’ to raise money for our maternity unit as well as two other charities; SANDS and Edward’s Trust.

Their latest venture is London Cardiff 24, a team relay run over 160 miles in 24 hours. You can show your support and read the story behind Jasper’s Rainbow on their Just Giving page:

www.justgiving.com/teams/jaspersrainbow

The Trust is fundraising for your local hospitals. We are keen to engage with staff, patients, families and volunteers to talk about ideas you may have about how we can help raise the much needed funds.

It is great when staff tell us what challenges and fundraising activities they are getting involved with.

Are there any challenges you have thought about doing? Get in touch...we can help you! For further information about fundraising and to learn how you can help and get involved, contact Ali Gray on 01926 495321 ext. 8049 or charity@swft.nhs.uk
Are you affected by dementia?

Visit www.warwickshire.gov.uk/dementia for help and support on how to live well with dementia in Warwickshire.

Carer & Family Support
For carers and people supporting someone with dementia

Dementia Friendly Communities
For organisations

Living Well with Dementia
For those with dementia or those who want to find out about it

We’re here to help and support
Find out about dementia friendly services in your local area.
Go to warwickshire.gov.uk/dementia, click on the district or borough area of Warwickshire to find out more about support and services in the area.