

## School Skills

### Classroom Strategies

Use this checklist to identify strategies and equipment to try in the classroom.

	Difficulty	Equipment/ strategy	Period of trial	Successful? Yes /No
<b>SEATING</b>	Chair too high	Foot step		
	Table too high	Lower table/ add seat cushion and foot step		
	Child slouching	Writing slope and seat wedge		
	Child sitting sideways	Seat wedge		
	Child raises shoulders when writing	Writing slope		
<b>PENCIL SKILLS</b>	Hooking wrist while writing	Writing slope		
		Practice writing on vertical surface		
		Shoulder stability exercises		
	Thumb-wrap or closed web space when writing	Pencil grip		
		Tripod/pincer grip exercises		
	Difficulties with tripod grip	Pencil grip		
		Tripod/pincer grip exercises		
	Presses too hard	Pencil grip		
		Light-up pen		
		Experiment with carbon paper		
		Writing slope		
	Doesn't press hard enough	Experiment with carbon paper		
	Paper moves when writing	Prompt to stabilise with other hand		
		Use Dycem mat/ blutak		
	Difficulty stabilising ruler	Left-handers: draw line from right to left		
Ruler with handle / non-slip ruler				
Coat base of ruler with thin layer of silicone bathroom sealant				