

National telephone helplines for breastfeeding support:

National Breastfeeding Helpline

0300 100 0212 9am - 9pm Everyday

NCT Breastfeeding Helpline

0300 330 0700 8am-10pm Everyday

Association of Breastfeeding Mothers

08444 122 949 9.30am - 10.30pm Everyday

La Leche League

0845 120 2918

Early Breastfeeding Support Service Monday - Friday

9:00am-5:00pm

Abbe Coward 07740 803898

Amy Koerner 07740 803874

Vicky Fisher 07740 803752

SWFT Breastfeeding website

www.swft.nhs.uk/our-services/breastfeeding.aspx

Useful information leaflets at

www.breastfeedingnetwork.org.uk

Breastfeeding Peer Supporters

Facebook - SWFT Breastfeeding Support

The support groups are for anyone who is breastfeeding, or pregnant and thinking about how to feed their baby. You can just drop-in for breastfeeding support or have a chat and meet with other breastfeeding mums over a drink.

Contact your Midwife, Health Visitor or Local Children's Centre for more information

South Warwickshire **NHS**

NHS Foundation Trust

North Warwickshire Breastfeeding Support Groups



**A place to meet
other breastfeeding or
pregnant mums**

Professional advice, support and information from midwives, health visitors, family support workers and trained peer supporters.

**Sure Start
Children's Centres**

Monday	Tuesday	Wednesday	Thursday	Friday
Ladybrook Children's Centre St Nicholas Park Clinic Windermere Avenue Nuneaton CV11 6HH Tel: 02476 322066 1:00pm-2:00pm	Coleshill Children's Centre At Coleshill C of E Primary School, Wingfield Road, Coleshill B46 3LL Tel: 01675 467979 9.30 – 11.00am Peer support 11am-12pm	Rainbows Children's Centre, Smorral lane, Bedworth, CV12 0JP Tel. 02476 644276 10:00am-11:30am	Basics of Breastfeeding (BOB) St Michael's Children's Centre Hazel Grove, Bedworth, CV12 9DA Tel: 02476 494171 10.30am - 11am Followed by Cot Gossip	St Johns Church hall, Ansley Common, Nuneaton, CV10 0QD Tel: 01827 718723 9:30am – 11:00am
	Mancetter children's centre Mancetter Memorial Hall Old Farm Road, Mancetter CV9 1QN Tel: 01827 718723 1:00pm-2:30pm	Atherstone Early Years Centre, Kings Avenue, Atherstone, CV9 1JZ Tel: 01827 713116 11:00am – 12:00pm 1 st & 3 rd of the month	Keresley Newlands Primary School, Grove Lane, Keresley, Coventry Tel. 02476 644276 1:00pm- 2:30pm	Polesworth Childrens centre Birchwood Avenue Dordon, Tamworth B78 1QU Tel. 01827 894649 11:00am-12:00pm 1 st , 3 rd & 5 th week of the month
Stockingford Early Years Centre St Pauls Road, Nuneaton, CV10 8HW Tel. 02476 383708 1:15pm-2:45pm			Bulkington Children's Centre School Road, Bulkington CV12 9JB Tel: 02476 318786 2:00pm – 3:30pm 2 nd & 4 th of Month.	
St Michaels Church, Gun Hill, Arley, Tel: 01827 717204 or 01827 718723 1:00pm – 2:30pm (Combined with baby clinic) 1 st & 3 rd of the month			Baddesley Community Church Hall Baddesley Ensor Atherstone Warwickshire CV9 2BY 2 nd & 4 th Thursday of the month Tel: 01827 713116 1.00pm – 2.30pm	
			Kingsbury Children's Centre Bromsgrove Avenue, Kingsbury B78 2HW Tel. 01827 870306 09:30am-11.00am Peer support 11.00am – 12.00	
			Hartshill Community Centre Church Road Hartshill Nuneaton CV10 0LY 1.00pm – 2.30pm	Issue 26– 19/10/15